

PASSPORT TO BIKE SAFETY



The community is invited to attend a free event offering important safety and health tips for children. Passport to Bike Safety is sponsored by the Minuteman Safety and Health Collaborative, a partnership of public safety and health care organizations dedicated to preventing injuries among infants and children.

**Rain or
shine!**

Date: Sunday, September 20, 2015

Time: 9:30 a.m. – 12:30 p.m.

Location: Adjacent to Lexington Police station
(corner of Fletcher Ave. and Woburn St.)

Visit all four stations and be entered into a raffle for a \$250 gift card to Cycle Loft!

Health & Nutrition



A registered dietitian from Winchester Hospital and a physician from Alewife Brook Community Pediatrics will be onsite to answer your health and nutrition questions, and provide you with information on how to fuel your body.

*Presented by
Winchester Hospital
and Alewife Brook
Community Pediatrics*

Bicycle Check-Up



Safety starts with a sturdy, well-maintained bike. Stop by with your bike for a quick check-up. Learn tips on how to identify and fix problems.

*Presented by
Cycle Loft*

Helmet Fitting & Giveaway

Bring your own helmet or receive a free helmet (while supplies last), and have it properly fitted by clinicians from Lahey Hospital & Medical Center.

*Presented by
Lahey Hospital & Medical
Center Trauma Service*



Rules of The Road

Pick up information about bicycle laws and safety tips.

*Presented by
Arlington, Bedford
and Lexington
Police Departments*



 **Lahey Hospital
& Medical Center**

 **Winchester Hospital**
A member of Lahey Health



 **Armstrong**
AMBULANCE SERVICE